

After-school Cooking Classes For Kids at Your School



iCOOK AFTER SCHOOL

Hands-on and Fun

iCook is a really fun, hands-on after-school cooking program for children at elementary schools. Our mission is simple: to help teach kids to love everything about food – cooking, eating delicious and healthful dishes, and learning about different cultures and stories behind the food. We make every experience fun because we start with great recipes and fresh ingredients, colorful cooking stations and engaging activities. Also, we keep things food-safe: we are a nut-free establishment.

OUR FALL MENU

Healthy & Delicious

This fall, our chefs-in-training will learn how to make Pumpkin Brownies, Rainbow Wraps, Carrot Cake Overnight Oats, Chai Pear Pie, Cheesy Pretzel Buns and more. We will learn about fall spices and how they add flavor and aroma to the dishes. We will “travel” to France, Mexico, China, and India and learn about their cuisines and cultures. We will master cooking safety, slicing, dicing, chopping, folding, baking, zesting, mixing and more!

WHERE: Sauganash Elementary

WHEN: Every Thursday

TIME: 3:00pm- 4:00pm

DATES: September 20th – November 29th

NO CLASS: November 22nd

GRADES: K-4 grade

PRICE: \$189 for a 10-week session
(includes all materials & ingredients
for two recipes for each class)

MIN/MAX: Min 7 students

Max 20 students/2 instructors

REGISTER AT: www.iCookAfterSchool.com

DEADLINE: September 18th

COOKING SKILLS
NUTRITION EDUCATION
HEALTHY RECIPES
CULTURAL EXPERIENCE
SKILLS FOR LIFE



Please call or email us with any questions
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