



Office of Student Health and Wellness
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January 2018

TO: Principals and Assistant Principals

RE: Extreme Cold Weather Considerations

As noted in the CPS Recess Manual, if the temperature outdoors is below 15° F with or without wind chill, students should stay inside for all activities. The primary health risk for both children and adults at such temperatures include hypothermia and frostbite. (As noted by WeatherBug App - Queen of All Saints Location)

Students will have indoor recess on any days where:

- The temperature is at 15° F or lower with no wind chill.
- Or...any temperature above 15° F, but the “feels like” section of the app states lower than that 15° F threshold

