

# BIKE HELMETS FOR SALE!



- Various sizes available (toddler, youth, adult)
- Designer colors/graphics
- Free helmet fittings
- Youth and adult multi-sport helmets also available

Low cost helmets, cash or check

Wednesdays 10 am – 3:30 pm  
or call for an appointment

**PLEASE CALL 847.723.9484 FOR FURTHER INFORMATION.**

**Children's Health Resource Center  
Yacktman Pavilion**  
1675 Dempster Street  
Park Ridge, IL 60068  
[advocatechildrenshospital.com](http://advocatechildrenshospital.com)



 **Advocate Children's Hospital**

Inspiring medicine. Changing lives.

*Because we care about your health and safety,  
Lutheran General Hospital wants you to...*

# **Wear a helmet and bike right!**

Each year, more than 300,000 children are treated for bicycle-related injuries in hospital emergency rooms. Fortunately, wearing a helmet can reduce the risk of serious head injury by 85%. That is why Lutheran General Hospital is offering low cost bicycle and multi-sport helmets for you and your family. These helmets are certified by the CPSC (Consumer Product Safety Commission) and are designed to meet or exceed CSA & ASTM safety standards. The multi-sport helmets have the extra protection required for use with in-line skates and skateboards as well as bicycles.

*(They are **not** intended for motorized use.)*

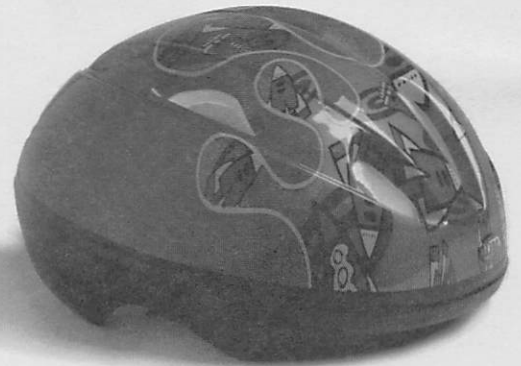
## **Low cost bicycle and multi-sport helmets for sale**

Toddler, youth and adult helmets are available


## **Now, how do you get your child to wear the helmet?**

The American Academy of Pediatrics offers these helpful tips:

- Wear one yourself
- Reward your child for wearing a helmet
- Always insist that your child wear his/her helmet
- Point out professional athletes who wear helmets when participating in sports
- Encourage other parents to get their children to wear helmets



**Contact the Trauma Service Office  
8 South Lutheran General Hospital  
847.723.6522, press #1,  
Monday – Friday**

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